

Camp Long Seward Park



ENVIRONMENTAL LEARNING CENTERS

SPRING 2006

April – June, 2006

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Camp Long, “Jewel of the Emerald City,” is one of Seattle’s best kept secrets. Located in West Seattle, this 68-acre forested park and Environmental Learning Center offers visitors an opportunity to enjoy nature, hike, camp overnight in rustic cabins, rock climb, and learn about nature.



Seward Park offers an abundance of recreational options. Located in southeast Seattle, this 277-acre old-growth-forest peninsula is a great place to explore, learn, play, and tour. With three miles of shoreline, grassy meadows, children’s playgrounds, beach swimming, and picnic shelters, it’s a great place to take your family for a day’s outing.

Camp Long Environmental Learning Center

5200 35th Ave. SW
Seattle, WA 98126-2804

Phone: 206-684-7434 Fax 206-684-7435

Visit us online at www.camplong.org

Register for programs by e-mail camplong@seattle.gov. Register *early* for the best choices. Popular classes fill quickly.

Camp Long Hours of Operation

Tues. – Sun., 10 a.m. – 6 p.m.

Holiday Closure:

May 29: Memorial Day

Camp Long Reservations

Rentals, Brochure Programs (206) 684-7434

School/Group Programs (206) 684-7479

Department Administrative Staff

Ken Bounds, Superintendent, Parks & Recreation

B. J. Brooks, Deputy Superintendent

Christopher Williams, Director of Operations

Kathie Huus, Special Units Manager

Leila Wilke, Environmental Learning Centers
Manager

Camp Long Staff

Sheila Brown, Supervisor

Jacinta Talamaivao, Administrative Specialist

Roy Amdal, Maintenance Laborer

Sherry Mathers, Public Education Program Specialist

Jeanie Murphy-Ouellette, Public Education Program
Specialist

Gretchen Graber, Education Program Assistant

Associated Recreation Council Naturalists

David "Caveman" Friedman Sophia Wheelright

Brian Heerdt Maura Shelton

Steward Wechsler

Camp Long Volunteers

Sandy Beaucage Jack Pedigo

Camp Long Advisory Council

Sandy Beaucage Laura Tyler

Carol DePelecyn Mat McBride

Cec MacClure Connie Woods

Jack Pedigo Judy Kitzman

Longfellow Creek Watershed

Sheryl Shapiro 206-615-1443

www.longfellowcreek.org

Directions to Camp Long

Camp Long is located at 5200 35 Ave. SW in West Seattle. Take Bus route #21. Exit at Dawson.

By car **from I-5** take exit 163 - Spokane St./West Seattle Bridge Exit. **From Hwy 99 So.** take West Seattle Bridge exit.

Follow the W. Seattle Bridge to the end (Fauntleroy exit) and turn left (South) onto 35 SW. Continue south about 2/3 of a mile up hill and turn left (east) on Dawson St. (Watch for a brown Camp Long sign on the west side of 35 Ave. SW). Look for the Parks Department "rainbow" Camp Long sign on Dawson & 35th.

Seward Park Environmental Learning Center

5907 Lake Washington Blvd S
Seattle, WA 98118

Phone 206-684-4396 Fax 206-386-4368

visit us on the web at www.seattle.gov/parks!

Office Hours: By appointment only

Closed for renovation June 1 – Spring 2007

Seward Park Staff:

Sheila Brown, Supervisor

Christina Gallegos, Naturalist

Outdoor Opportunities (O₂):

Bob Warner, Program Coordinator 684-7097

Matt Axling, Youth Leader 684-4031

Outreach Program Naturalist:

Willie Campbell..... 669-7904

Visit Seward Park

by bus. . . Bus #39 Exit at Orcas Street.

or by Car. . .Seward Park is located on Lake Washington Blvd and Orcas Street in Southeast Seattle.

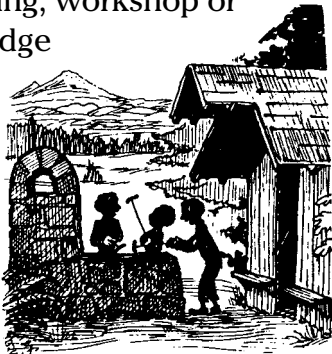
I-5 Southbound Take the W Seattle Bridge/Columbian Way exit- exit number 163 a.m. Keep LEFT at the fork in the ramp. Merge onto COLUMBIAN WAY S. Turn SLIGHT RIGHT onto 15 AVE S. Turn SLIGHT LEFT onto S COLUMBIAN WAY. Turn SLIGHT RIGHT onto S ALASKA ST. Turn RIGHT onto RAINIER AVE S/WA-167. Turn LEFT onto S ORCAS ST. S ORCAS ST becomes LAKE WASHINGTON BLVD S. 0.14 miles

I-5 Northbound Take the SWIFT AVE. exit- exit number 161- towards ALBRO PLACE. Turn RIGHT onto SWIFT AVE S. Turn LEFT onto S EDDY ST. Turn LEFT onto BEACON AVE S. Turn RIGHT onto S ORCAS ST. S ORCAS ST becomes LAKE WASHINGTON BLVD S. 0.14 miles

Rental Information

Facilities & Reservations

Camp Long Main Lodge: A fantastic place to host a party, meeting, workshop or special event. The lodge features a brick fireplace, cathedral ceiling, and hardwood floors and has a maximum capacity of 72 people. Twelve 6 foot-long banquet tables and 72 chairs included in rental costs.



Fees: \$45/hr + \$15 processing fee for private events. Add \$17/hr for rentals held after facility is closed. Add \$60 if serving alcohol. Refundable damage deposit of \$250 (or \$500 with alcohol) required.

Payment of fees and deposit required at time of reservation to hold the reservation.

Cabin and Shelter Rentals: Camp Long features 10 rustic outdoor cabins with six double beds. We also offer two separate covered shelter areas with picnic tables that are perfect for group events. Reservations for private functions can be made, or ask about special programs offered by Camp Long Naturalists that include overnight cabin use.

Cabin Fees: \$40/night per cabin. \$50 refundable damage deposit required. Check-in time is 2:30 p.m. Check out by Noon.

Refunds: There are no refunds given for cancellations of cabin reservations.

Shelter Fees: East shelter with 7 tables \$100/day. West shelter with 5 tables \$80/day.

Rules: Please check with staff on specific rules for cabin/shelter use. Groups are responsible for cleaning up all areas used. No pets or electric heaters allowed.

Fire Ring: \$25 for 4 hours for up to 50 people. The rate increases \$10 for every additional 50 people up to 250 people.

Payment of fees and deposit required at time of reservation to hold the reservation.

Weddings and Special Events: Check out Camp Long for indoor or combined indoor/outdoor parties, receptions and events. Call the Environmental Learning Center at 206-684-7434 or check our web site at www.camplong.org to receive a special brochure and/or information.

Mission

Seattle Parks and Recreation will work with all citizens to be good stewards of our environment, and to provide safe and welcoming opportunities to play, learn, contemplate, and build community.

E-Brochures are available!

In keeping with our environmental stewardship policies, we're trying to reduce the amount of paper we use. We invite you to visit our web site at www.seattle.gov/parks. You can find this brochure information online.

New Searchable Online Brochure Format!

Now you can search for just the classes you're looking for online! Visit www2.seattle.gov/parks/brochure and you can search our classes by keyword. If you prefer to view a pdf version of our brochure (requires Adobe Reader), please visit www.seattle.gov/parks/Environment/camplong.htm.

Notes from the Head Squirrel

Spring is time for our Land and Water programs. This is a joint partnership with Seattle Public Utilities and the Seattle Public Schools. The objective is to tie field trip learning to the Land and Water unit taught in the 5th grade and to help students gain an appreciation of their local watersheds and make connections to the real world. Funding for transportation and program fees comes from Seattle Public Utilities, while we at the Environmental Learning Centers provide the registration and programs.

We're continuing to develop our partnership with **Audubon at Seward**. Renovation of the building begins in June, but programming offered by Parks staff will continue throughout the building process. Please consider supporting the center by giving to the **Explore & Soar Community Campaign**. For details, check out the Audubon website at http://wa.audubon.org/education_Centers_SewardPark.html



Finally, we continue to celebrate Camp Long's 65th anniversary. We hope you'll come forward with any history or connection you may have with the park and share it with us. This quarter we're recognizing Judge Long and Clark Schurman, our founders.

Enjoy the regrowth of Spring!

Sheila Brown
Camp Long/Seward Park
Education Program Supervisor
sheila.brown@seattle.gov
(206) 684-7415

Wilderness First Aid

Sat, Apr 29 Sun, Apr 30 8 a.m. - 5 p.m.

This 2-day (16 hour) course is an introduction to wilderness medicine. Topics include: patient assessment system, body systems, environmental injuries/conditions, anaphylaxis, lifting/moving/extrication, and patient carries, backcountry medicine, and CPR. This is a good course for outdoor recreationalists. Offered by Wilderness Medical Associates instructors. For more information, go to <http://www.wildmed.com/>

Ages: Adults, 16 and 17 year olds only with written proof of parental consent.

Cost: \$200

Class limited to 10 individuals.

FREE Fish-Friendly

Car Wash Kit Available

Car washes can be terrific fundraisers and a great way to build community. But, did you know that if a car wash is done incorrectly it can hurt local fish and other wildlife? The soapy water, dirt, and phosphates drain into storm drains and ditches that lead straight to creeks and into Puget Sound. You can prevent this harm to wildlife by using the fish-friendly car wash kit.

To borrow the Kit for your next community car wash fundraiser or to find out more about it call 206-684-7434.



Want to Provide a Program? If you have an idea for a program you would like to teach or would like to see offered, please contact us. We are especially interested in finding ways to connect culture and environmental topics. We will work with instructors and groups to propose or create programs. Reimbursement for time and materials would come from fees. Programs must fit in to our mission and goals as an Environmental Learning Center. For more information, call Sheila Brown at 206-684-7415.

Longfellow Creek

Living Green

Longfellow Creek Is Longing For You!

Potluck Committee Meetings

Mon, Apr 3, May 1, June 5 5 – 8:30 p.m.

Longfellow Creek Stewardship Committee is the community umbrella group caring for the watershed, trails and its Greenspaces through work parties, grant writing for habitat and trail improvements, and creating outdoor events to celebrate the creek! Find out how you can improve habitat in the neighborhood in your own yard. Meets 5 – 6:30 p.m.

Longfellow Creek Watershed Council provides leadership in the protection and improvement of Longfellow Creek and its surrounding neighborhoods, cultivating partnerships and sponsoring projects and events. Meets 7-8:30 p.m.

Monthly Saturday Workparties join in creating and caring for segments of the Legacy Trail along Longfellow Creek. 1st: SW Thistle Street; 2nd: Roxhill Bog; 3rd: SW Brandon Street. Call 923-0917 x111 for more info.

Guided walks, Legacy Trail maps and/or presentations for your group/class by request.



Biodiesel Fuel: what is it and why should I care? \$8

Sun, Apr 23 11 a.m. – 1 p.m.

Learn all about biodiesel, a renewable non-toxic fuel that will reduce your contribution to pollution, global warming, and the petroleum industry. Sort out facts from myths about biodiesel's attributes, availability, and compatibility, and learn how you can make it at home for about 65 cents per gallon. Bring a quart of used vegetable oil from a local restaurant or your own fryer.

Age: adults

Instructor: Lyle Rudensey

Location: Camp Long

Environmental Film Nights

The Northwest Environmental Education Council and Camp Long Advisory Council are happy to bring you monthly Environmental Film Nights. Join us on the fourth Thursday of every month for a screening of a different sustainability or environmental film. Snacks provided, discussion welcome, **pay by donation. Pre-registration requested.**

“Living With Wolves”

Thu, Apr 27 7 – 9 p.m.

Two married filmmakers spent six years in a tented camp in the wilderness of Idaho with a pack of wolves, listening to them and earning their trust. Exclusive footage reveals the innermost details of life in the pack; its unique social structure, how wolf cubs are raised within the group and how these powerful creatures interact with man. **Pre-registration requested.**



“Global Gardener - Permaculture with Bill Mollison”

Thu, May 25 7 – 9 p.m.

Learn about weaving together microclimate, annual and perennial plants, animal soils, water management and human needs into intricately connected productive communities from this legendary gardener. **Pre-registration requested.**

“The Digital Dump” and “Exposing Harm”

Thu, Jun 15 7 – 9 p.m.

The Basel Action Network presents these two films from a local non-profit exposing the hazards of our electronic waste, and how it is disposed in other countries. A speaker from the Basel Action Network will be on hand for a discussion and Q&A after the film. **Pre-registration requested.**

Special Events

Please register for all classes and special events: 206-684-7434

Wild! Washington Field Trip

Tongue Point: Tidepool - Wildflowers

Sun, Apr 2 7:45 a.m. – 7 p.m.

See sea anemones and see sea stars in Tongue Point's tidepools. After lunch we'll walk up Striped Peak for the special wildflowers, butterflies, birds and beasts.

Pre-registration and full payment due March 31, 2006 at noon.

Age: Adults and 7 years and up

\$55 Adults, \$35 kids 7 – 11

Instructor: Stewart Wechsler

Location: Leave Camp Long 7:45 a.m. or Seward ELC 8:15 a.m.

Columbia Gorge Wildflower Trip

Sat, Apr 8 8 a.m. – 6 p.m.

See Columbia Gorge's diversity of flowers and habitats - from Larkspurs to Lupines, Lomatiums to Lilies, in moist, misty waterfalls to dry rocky crevices We'll observe the butterflies and other wildlife too.

Age: Adults and kids over 8 years old

\$40 adults, \$30 kids 8 – 15

Pre-registration and full payment due by Tue, April 4 - 6 p.m.

Instructor: Stewart Wechsler

Location: Camp Long pick up time 8 am, Seward Park ELC pick up time 8:30 am.

South Puget Prairie Trip

Sun, Apr 30 7:45 a.m. – 6 p.m.

See examples of Oak - Fescue - Camas Lily savannahs like the Seward Park area once supported. See the wildflowers, the butterflies, the birds, and more.

Age: all ages

\$50 Adults, \$30 kids under 12

Pre-registration required by Tuesday April 25

Location: Meet 7:45 am Camp Long or 8:15 a.m. Seward Park

Camp Long NATURE Days!

Thu, Jun 22 or Fri, Jun 23 10 a.m. – 3 p.m.

Drop your kids off for a fun adventure to kick off their summer and help celebrate Camp Long's 65 Anniversary! They'll dip nets into Camp Long's Polliwog Pond to catch critters, hike forest trails, climb Schurman rock, play nature games and do fun crafts in Ye Old cabins.

Learn about Camp Long's fascinating history – from the creation of the first human-made climbing rock in the USA to the cabins and lodge that unemployed citizens built during the Depression (WPA). Your kids will have a blast and be full of stories to share!

Sign up for either day, Thurs. 6/22 OR Fri. 6/23. Fun-packed program will be repeated each day. There is a 40 child maximum on this special day camp so sign up soon! Pack lunch and a snack.

Age: 6 years and up

Fee: \$25 per day

Pre-registration and full payment are due by May 26, 2006. Some scholarships are available.

Nature Days Campfire \$5

Thur, June 22 7:00 – 8:30 pm

Celebrate Camp Long's 65th Anniversary and discover the history of Camp Long. Meet 3 living history characters from the past including Judge Long and Mountaineer Clark Schurman. Explore the camp in search of relics and end your adventure at the campfire for roasted treats and stories. Everyone is welcome.

Pre-registration and payment due by Jun 17.

- • • • •
- **Megawatt Field Trip** **FREE** •
- **to Camp Long** •
- **Sat, May 20** **Noon – 2 p.m.** •
- Field Trips in West Seattle. Rediscover your •
- community with neighbors, family and •
- Megawatt! Explore our local resources and •
- learn something new about our community. •
- **Mail or phone to sign up for field trips.** •
- **Space is limited. Please call 206-938-4120** •
- **or email maryann@megawattjunction.org** •
- • • • •

Camp Long Programs

Please register for all classes and special events: 206-684-7434

Nature on Horseback Series

Woodland Waterfall Ride

Sat, May 20 9 a.m. – 4:30 p.m.

Travel with us into the Cascade Foothills on peppy, well trained, saddle horses. Enjoy a refreshing, scenic day on woodland trails. Ride to a beautiful waterfall and pool where we will explore the natural beauty that surrounds us. This 4+ hour ride is for intermediate and experienced riders who are comfortable at a trot and canter. Space is limited to 8 riders so sign up now. Bring lunch and beverage.

Pre-registration and full payment due by May 16, 2006

Age: Adults & Teens

\$90.00 Fee includes transportation, riding instruction, horse, trail guide, nature explorations, storytelling and snack. Tips for wranglers much appreciated.

Instructor: Sherry Mathers

Weekend Naturalist Series

Salamander Search

Sat, Apr 1 2 – 4 p.m.

Poke in the pond to see Northwest and Long-toed salamander larvae, eggs and maybe adults. Look under logs for Red-backed and Ensatinas and their invertebrate roommates.

\$8 Adults, \$6 kids under 12

Pre-registration is required.

Instructor: Stewart Wechsler

Newts, Salamanders & Frogs

Sat, Apr 22 9:30 – 11:30 a.m.

Our wet Northwest climate provides the perfect environment for amphibians. Explore the pond and forest habitats and get a chance to see native salamanders, frogs and newts.

\$6 Adults, \$4 kids

Pre-registration and payment due 4/15/06.

Natural Dyeing

Sat, Apr 29

9:30 a.m. – Noon

Before commercial dyes were available fabric colors were derived from plants. Come learn about native dye plants and try your hand at dyeing natural fibers.

Pre-registration and full payment due by Sat. April 22, 2006.

Age: Families, all ages

\$10 adults, \$6 kids

Low Tide Beach Walk

Sat, Apr 29

11:30 a.m. – 1:15 p.m.

Discover an amazing array of intertidal life at the beach revealed only by low tides! Barnacles doing a headstand! Anemone attack of the clones! Seastar wars! Explore the beach and discover nature is even weirder than science fiction. Bring a picnic to enjoy on the beach after class!

\$6 Adults, \$3 children

Pre-registration required, please call 684-7434 by 10:30 a.m. the morning of the program.

Wear outdoor appropriate clothing and waterproof shoes!

Early Bird Walk - Lincoln Park

Sun, May 7

7 – 9 a.m.

Spring migration is here and so are warblers, tanagers and vireos, ducks and grebes, hawks and eagles. Learn successful birding tips. Beginner to advanced birders are welcome.

12 and up: \$8; Under 12: \$6

Pre-register by Friday, May 5 to ensure a space and that class is not cancelled.

Instructor: Stewart Wechsler

Location: Lincoln Park S. Parking lot - middle



Camp Long Programs

Please register for all classes and special events: 206-684-7434

Forest Ecology: The Forest from the Trees \$8

Sat, May 13 9:30 a.m. – Noon

Explore two different forest habitats and learn about the dynamics of forest ecology. Discuss current concepts in forest ecology and learn how to predict forest health. Planning a landscape project? Join us to learn the principles of habitat creation.

Age: Adults

Pre-registration and payment due by May 6

Nature Ceramics

Sat, Jun 3 9:30 a.m. – Noon

Make and take home a true work of art... a ceramic creation inspired by nature. We will use patterns from nature to form ceramic objects that will be kiln fired and available to be picked up 2 weeks later.

Age: All ages welcome

\$10 adults, \$8 kids

Pre-registration and payment due by May 26.

Puddlin' at Pollywog Pond

Sat, Jun 10 9:30 – 11:30 a.m.

Come search for salamanders, dance with dragonflies and toddle with turtles at Pollywog Pond. We will gently catch and release pond critters and learn about the diversity of life in a pond.

Age: Preschoolers (ages 2 & up) and parents

\$6 adults \$3 kids

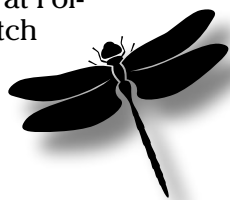
Pre-registration and full payment due by Sat. June 3.

Climbing Basics \$15

Sat, Jun 17 9:30 a.m. – Noon

If you have never done any rock climbing and would like an opportunity to learn, this class is for you. Learn basic climbing techniques on Schurman Rock. Signed waiver forms are required before climbing.

Age: Adults and kids ages 8 and up.



Hooting for Owls at Schmitz Park

Fri, Mar 31

6:30 – 8 p.m.

Both Great Horned and Barred Owls have been common at Schmitz Park. We'll look for and hoot for them and hear hoo hoots back. Come and find out what real owl feet and feathers feel like.

\$8 Adults, \$6 kids

Pre-registration required.

Bring binoculars and flashlights or borrow ours.

Instructor: Stewart Wechsler

Location: Location: Schmitz Park - Admiral/Stevens St entrance

Owl Hoots and Monkey Hollers

Apr 14 and Jun 6

7 – 9 p.m.

Camp Long's Barred Owls not only ask "who cooks for you", but also do monkey laughs and other strange calls. On this evening hike we hope to see Great Horned and Screech owls as well and maybe other critters too.

\$8 Adults, \$6 kids under 12

Pre-registration required to ensure a space and that class is not cancelled. Binoculars optional - borrow ours if you'd like.

Age: all ages

\$8.00 \$6 kids under 12

Location: Camp Long

COME FISH WITH US \$5

Sat, Apr 22 Ages: 5 – 14 years

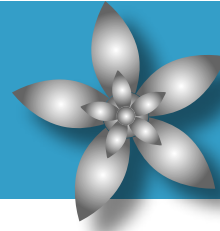
Seattle Parks and the Washington Department of Fish and Wildlife invite you to the second "Fishing Kids" event at Green Lake.

Bring your kids and we'll teach them to fish! We want to introduce kids to a lifetime sport they can especially enjoy in Seattle with our abundant water. Learn about fishing, water safety, and what to do with a fish when you catch it. Every child who participates will receive a T-shirt and a rod and reel to take home, and you'll even bring home a trout!

To sign up, ask for a form at any Parks and Recreation facility, and mail it to the address on it with \$5 for each child participating.

Calendar

CL=Camp Long SP=Seward Park

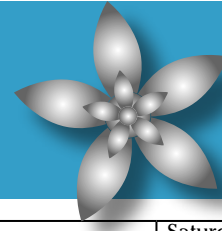


Sunday	Monday	Tues	Wednesday	Thursday	Friday	Saturday
March						
26	27	28	29	30	31 Hooting for Owls at Schmitz Park-CL 6:30-8 pm	1 Salamander Search-CL 2-4 pm Swamp Lanterns and Salmonberries-SP 10:30 am-12:30 pm
April						
2 Tongue Point: Tidepool: Wildflowers-CL/SP 7:45 am-7 pm	3 Longfellow Potluck Committee Meeting-CL 5-8:30 pm	4	5 Early Bird Walk-SP 6:30-8:30 am	6	7	8 Columbia Gorge Wildflower Trip-CL/SP 8 am-6 pm Enviro. Stewardship-SP 10 am-2 pm
9	10	11	12	13	14 Owl Hoots-CL 7-9 p.m. Early Bird Walk-SP 6:30-8:30 am	15
16	17	18	19 Early Bird Walk-SP 6:30-8:30 am	20	21 Chorus Frog Concert-SP 7-8:30 pm	22 Newts, Salamanders and Frogs-CL 9:30-11:30 am Alt. Fuel Rally-SP 10 a.m.- 2 p.m.
23 Federation Forest Floor Flowers-CL/SP 9 am-4:30 pm Biodiesel Fuel-CL 11 am-1 pm	24	25	26 Early Bird Walk-SP 6:30-8:30 am	27 Friends of SP Meeting 7-8:30 p.m. Enviro. Film Night-CL <i>Living With Wolves</i> 7-9 pm	28 Owl Hoots-SP 7:30-9:30 pm	29 Wilderness First Aid-CL 8 am-5 pm Natural Dyeing-CL 9:30 am-Noon Beach Walk-CL 11:30 am-1:15 pm
30 So. Puget Prairie Trip-CL/SP 7:45 am-6 pm Wilderness First Aid-CL 8 am-5 pm						
May						
	1 Longfellow Potluck Committee Meeting-CL 5-8:30 pm	2 Biodiesel Fuel-SP 11 am-1pm	3 Early Bird Walk-SP 6:30-8:30 am	4	5	6 Eagles of SP 9 am-Noon Ethnobotany-SP 1-3 pm Owl Hoots-SP 8:30-10:30 pm

May continued on next page

Calendar

CL=Camp Long SP=Seward Park



Sunday	Monday	Tues	Wednesday	Thursday	Friday	Saturday
May						
7 Early Bird Walk -Lincoln Park 7-9 am Pritchard's Pond-SP 10 am-Noon	8	9	10	11	12	13 Forest Ecology: The Forest from the Trees-CL 9:30 am-Noon
14	15	16	17 Early Bird Walk-SP 6:30-8:30 am	18	19	20 Waterfall Ride-CL 9 am-4:30 pm Megawatt Trip to CL Noon-2 pm Enviro. Stewardship-SP 10 am-2 pm
21	22	23	24	25 Friends of SP Meeting 7-8:30 p.m. Enviro. Film Night-CL <i>Global Gardener</i> 7-9 p.m.	26	27
28 Owls Hoots-SP 10 pm - Midnight Beavers-SP 8-9:30 am	29 Eagles of SP 9 am-Noon	30	31	1	2	3 Nature Ceramics-CL 9:30 am-Noon
June						
4	5 Longfellow Potluck Committee Meeting-CL 5-8:30 pm	6 Owl Hoots-CL 7 - 9 pm	7	8	9 Beavers of Lakewood-SP 8:15-9:30 pm Bat Watching Hayride-SP 10-11:30 pm	10 Pollywog Pond-CL 9:30-11:30 am Foraging for Berries-SP 10:30 am-12:30 pm Snakes/Turtles of SP 1:30-4 pm
11 Dog Mountain Wildflower Hike-SP 7 am-8 pm	12	13	14	15 Enviro. Film Night-CL <i>The Digital Dump and Exposing Harm</i> 7-9 p.m.	16	17 Climbing Basics-CL 9:30 am-Noon Enviro. Stewardship-SP 10 am-2 pm Bug Catching-SP 1-3:30 pm Salamanders-SP 4-6 pm
18	19	20	21	22 Camp Long NATURE Days! 10 am-3 pm Campfire-CL 7-8:30 pm Owl Hoots-SP 9:30-11:30 pm	23 Camp Long NATURE Days! 10 am-3 pm	24
25	26	27	28	29 Friends of SP Meeting 7-8:30 p.m.	30	31

Seward Park Happenings

About Seward Park

You can check out our interpretive programs or find events in the park at the Friend's website: **sewardpark.net**. From storytelling to drawing to living green, there's something for everyone.

Friends of Seward Park

The Friends of Seward Park strives to build community through stewardship, recreation, and environmental education. We are committed to preserving the unique natural habitats and cultural legacy of this historic Olmsted park. We welcome new members who would like to help us protect and advocate for the park.

Monthly Meetings: Fourth Thursday of every month 7 – 8:30 p.m.

Place: Lakewood/Seward Park Community Clubhouse, 4916 Angeline St

Environmental Stewardship

Sat, Apr 8, May 20, June 17 10 a.m. – 2 p.m.

Join EarthCorps for IvyOut work parties to improve forest habitat. Contact Elizabeth White at 255-4160 to register or visit www.earthcorps.org.

Ages: Teens and adults

Biodiesel Fuel: What is it? \$8 and why should I care?

Sun, Apr 2 11 a.m. – 1 p.m.

Learn all about biodiesel, a renewable non-toxic fuel that will reduce your contribution to pollution, global warming, and the petroleum industry. Sort out facts from myths about biodiesel's attributes, availability, and compatibility, and learn how you can make it at home for about 65 cents per gallon. Bring a quart of used vegetable oil from a local restaurant or your own fryer."

Age: adults

Instructor: Lyle Rudensey

Location: Seward Park

The Seward Park Environmental Learning Center will be closed for renovation from June 1 until Spring 2007. Environmental programming will continue in the park throughout the building phase. You can reach the Parks staff at the same phone number, 684-4396.

Alternative Fuel Vehicle Rally

Sat, Apr 22

10 a.m. – 2 p.m.

Gas prices giving you the blues? Find out about alternatives to gasoline for your car. Come to Seward Park to celebrate Earth Day and experience the latest in environmentally-sound transportation.

Free

Location: Parking lot next to tennis courts



Nature Classes

Early Bird Walk

Spring migration is here and so are warblers, tanagers and vireos, ducks and grebes, hawks and eagles. Learn successful birding tips at Seward Park. Beginner to advanced birders are welcome.

Pre-register and pay by the day before the bird walk to ensure a space and that the class is not cancelled.

Instructor: Stewart Wechsler

Location: Seward Park ELC

\$8 Adults, \$6 kids under 12 6:30 – 8:30 a.m.

Early Bird Walk #1	Wed, Apr 5
Early Bird Walk #2	Fri, Apr 14
Early Bird Walk #3	Wed, Apr 19
Early Bird Walk #4	Wed, Apr 26
Early Bird Walk #5	Wed, May 3
Early Bird Walk #6	Wed, May 17



Seward Park Programs

Please register for all classes and special events: 206-684-7434

Weekend Naturalist Series

Swamp Lanterns and Salmonberries

Sat, Apr 1 10:30 a.m. – 12:30 p.m.

See the striking yellow Skunk Cabbage blooms and the brilliant magenta Salmonberry flowers. Wetland treasures and Rufus Hummingbirds!

\$8 Adults, \$6 kids under 12

Pre-registration required by noon on March 29.

Eagles and other Raptors of Seward Park

Sat, May 6 9 a.m. – Noon

Mon, May 29 9 a.m. – Noon

See and learn about Seward Park's 2 pairs of nesting Bald Eagles and their eaglets. Watch for the young on the nest. We will explore the park and look for other signs of raptors.

Location: Seward Park

Ethnobotany

Sat, May 6 1 – 3 p.m.

Celebrate Native Plant Appreciation Week! See examples of the baskets and utensils made in the traditional manner of the local Indians and learn about plants they ate. Take a walk to see some of these plants.

\$8 Adults, \$6 kids under 12

Pre-registration required.

Location: Seward Park ELC

Spring Migration Bird Walk - Lincoln Park

Sun, May 7 7 – 9 a.m.

Spring migration is here and so are warblers, tanagers and vireos, ducks and grebes, hawks and eagles. Learn successful birding tips. Beginner to advanced birders are welcome.

\$8 Adults, \$6 kids under 12

Pre-registration required by Fri, May 5.

Location: Lincoln Park. S. Pkg lot - middle

Dipping in Pritchard's Pond

Sun, May 7 10 a.m. – Noon

We'll dip into Pritchard's pond and see what comes up. Maybe Chorus Frog tadpoles, water boatmen, dragonfly nymphs and more.

All Ages Welcome

\$8 Adults, \$6 kids under 12

Location: Pritchard Beach wetland kiosk

Foraging for Berries @ Pritchard Beach Wetlands

Sat, Jun 10 10:30 a.m. – 12:30 p.m.

Let's explore the native plants of Pritchard Beach and fill our tummies with sweet, juicy thimbleberries.

\$8 Adults, \$6 kids under 12

Location: Pritchard Wetlands

Snakes and Turtles at Seward

Sat, Jun 10 1:30 – 4 p.m.

We'll search for Seward's scarce Garter Snakes and examine the turtles with the spotting scope.

\$9 Adults, \$7 kids under 12

Preregister by Thur, June 8.

Location: North side of the pottery studio

Butterfly, Bee and Bug Catching

Sat, Jun 17 1 – 3:30 p.m.

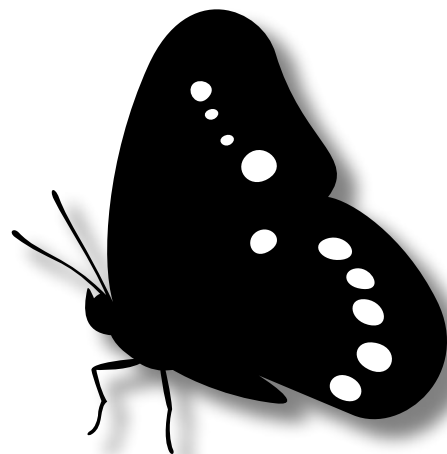
We'll take nets and see what sorts of butterflies and bugs we can catch along the sunnier edges of the park. Maybe we can get a butterfly to perch on our finger.

Age: kids up to 13 years

Preregister by
Friday June
16.

Fee: \$6.00

**Location:
Seward Park
- north side
of pottery
studio**



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Salamanders, Insects and Slugs

Sat, Jun 17

4 – 6 p.m.

We'll wander the woods and turn over logs to seek *Ensatina* salamanders, and their neighbors.

All Ages Welcome

\$8 Adults, \$6 kids under 12

Preregister by Friday, June 16.

Location: Parking Lot by Shelter 3



Nature at Night

Chorus Frog Concert @ Pritchard Wetlands

\$5

Fri, Apr 21

7 – 8:30 p.m.

Come and explore our newest wetland habitat to hear "a little Night Music" sung by Pacific chorus frogs in the wetland amphitheatre. Meet at 8400 55 Ave. S. (two blocks northeast of Rainier Beach High School).

Location: 8400 55th Ave. S.

Owl Hoots and Monkey Hollers

Fri, Apr 28

7:30 – 9:30 p.m.

Sat, May 6

8:30 – 10:30 p.m.

Sun, May 28

10:00 – Midnight

Thu, Jun 22

9:30 – 11:30 p.m.*

Seward Park's Barred Owls not only ask "who cooks for you", but also do monkey laughs and other strange calls. Binoculars, flashlights optional - borrow ours if you'd like.

\$8 Adults, \$6 kids under 12

Pre-registration required.

*Stay up late on the first night of summer vacation.

Beavers of Lakewood Moorage

Sun, May 28

8 – 9:30 a.m.

Fri, Jun 9

8:15 – 9:30 p.m.

Not only boats are moored at Lakewood, but Beavers are lodged there too along with Muskrats. Learn about and watch the beavers.

\$8 adults, \$6 under 12

Location: Lakewood Moorage

Bat Watching Hayride

Fri, Jun 9

10 – 11:30 p.m.

Learn about our bats and take a ride in our hay wagon around the park watching for them and listening to them with our bat detector.

\$8 adults \$6 kids under 12

Location: Seward
Park ELC



Wild! Washington Field Trips

PRE-REGISTER ONE WEEK PRIOR TO FIELD

TRIP DATE (to ensure that the class is not cancelled). Bring lunch, water and snacks.

Dress for the weather and wear shoes for hiking. You may bring binoculars if you'd like or borrow ours.

Tongue Point: Tidepool - Wildflowers

Sun, Apr 2

7:45 a.m. – 7 p.m.

See sea anemones and sea stars in Tongue Point's tidepools. Lunch and walk up Striped Peak to see wildflowers, butterflies, and more.

\$55 Adults, \$35 kids under 12

Location: Leave Camp Long 7:45 am or
Seward ELC 8:15 am

Columbia Gorge Wildflower Trip

Sat, Apr 8

8 a.m. – 6 p.m.

See Columbia Gorge's diversity of flowers and habitats - from Larkspurs to Lupines, Lomatiums to Lilies, in moist, misty waterfalls to dry rocky crevices. We'll observe the butterflies and other wildlife too.

Age: Adults and
kids over 8
years old

\$40 adults, \$30
kids 8 – 15

Location:
Camp Long
pick up time 8
a.m., Seward
Park ELC at
8:30 am.



206-684-7434



www.sewardpark.net

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Seward Park Programs

Please register for all classes and special events: 206-684-7434

Federation Forest Floor Flowers

Sun, Apr 23 9 a.m. – 4:30 p.m.

Enjoy wildflowers and critters of this relatively intact, lower elevation western Washington old growth forest with us.

Age: Adults and kids 8 and older

\$25 adults \$15 kids under 12

Instructor: Stewart Wechsler

Location: Meet 9 a.m. Camp Long or 9:30 a.m. Seward Park

South Puget Prairie Trip

Sun, Apr 30 7:45 a.m. – 6 p.m.

See examples of Oak - Fescue - Camas Lily savannahs like the Seward Park area once supported. We will see wildflowers, butterflies, birds, and more.

Age: all ages

\$50 Adults, \$30 kids under 12

Location: Meet 7:45 am Camp Long or 8:15 am Seward Park

Dog Mountain Wildflower Hike

Sun, Jun 11 7 a.m. – 8 p.m.

Hike up Columbia Gorge's Dog Mountain - see some of its famous wildflowers, butterflies and birds... Many of the plants once grew in Seattle, but are now gone.

Age: adults and kids 8 and up

\$55 adults, kids 8 – 11 – \$35

Location: Departs from Camp Long

Location: Meet 7 a.m. Camp Long or 7:30 a.m. Seward Park



Policies and Procedures

You can make a difference!

The Advisory Council is a group of citizens dedicated to the enrichment of our community. Its support enables us to offer a variety of programs and services for people of all ages, abilities and backgrounds.

Our Advisory Council is always looking for new members. Meetings are held every month to talk about programs, policies, and financial issues. Citizen direction and participation are vital to our continued success. Advisory Council members also create scholarship opportunities through grant writing and other fundraising activities. If you'd like to get involved, please contact Sheila Brown at (206) 684-7415.

Most classes, workshops, and special events are funded through the Advisory Council rather than through Seattle Parks and Recreation. Revenues generated through program fees offset program costs to make Advisory Council activities self-sustaining. We rely heavily on program participation, donations, and contributions to buy, repair, maintain, and upgrade program equipment and supplies.

Suggestions

We welcome your ideas. If you want to suggest a new class, or if you have an idea you think would benefit us or our community in general, please let us know.

Interested in teaching?

We're always looking for top quality instructors to offer unique courses. We choose class offerings based on participants' interest and space availability. If you have a special talent, skill, or knowledge you would like to share with others in a class or workshop format, please talk to a member of our staff.

Anti-discrimination

As a matter of policy, law, and commitment, Seattle Parks and Recreation does not discriminate on the basis of race, color, sex, marital status, sexual orientation, political ideology, age, creed, religion, ancestry, national origin, or the presence of any sensory, mental or physical handicap.

Policies and Procedures

Accommodation for people with disabilities

We will make reasonable accommodation, upon request, for people with disabilities. For sign language interpretation, auxiliary aids or other accommodation, please call 206-615-0140 or TDD 206-684-4950. Please allow 10 working days' advance notice. If a class or activity is scheduled in an area not accessible for wheelchairs, we will make every effort to help you find a similar program in an accessible location.

Rentals

For information about room rentals, please view our facility rental brochure. (<http://www.seattle.gov/parks/reservations/facrentalguide.htm>)

More information

For information about Parks and Recreation facilities, recreation programs, picnic shelters, and scheduling, please visit our web site at www.seattle.gov/parks, or call our Public Information line, 206-684-4075. For more information about programs for senior adults, please call 206-684-4951, and for information about programs for special populations, please call 206-684-4950.

Payment

You can pay for classes and other activities by mail, in person during regular facility hours, or by telephone with a credit card. We accept Visa, MasterCard and American Express. Please make checks and money orders out to our Advisory Council. Please note: Payment is due when you register, unless we have indicated otherwise. If your check is returned for insufficient funds, your registration will be cancelled until you pay the amount due, plus a \$20 fee. (Credit card or cash only.) We are working on a system that will make online registration available.

Fees and charges

Camp Long's Advisory Council and Seward Park's Advisory Council provide the programs and activities listed in this brochure under an agreement with Seattle Parks and Recreation. Fees collected by the Advisory Councils are used to offset the cost of providing the programs. Program charges include user fees of \$1 per class, \$1.50 per workshop, and \$1.30 per participant in each athletic game, paid to Seattle Parks and Recreation to defray operating costs. People 60 and older are not charged these user fees unless there is a stated senior fee for a particular class. Class and program fees include Washington State sales tax where applicable.



Refunds

It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

- Anyone who registers for a class, camp, special event or program that is cancelled for any reason by Parks and Recreation or the Advisory Council will receive a full refund.
- Anyone who registers for a day camp, trip, overnight camp, special event, or facility rental, and who requests a refund 14 days or more before its start (or before the second session of a class), may receive a refund minus a service charge.
- Anyone who registers for a day camp, trip, overnight camp, special event, or facility rental, and who withdraws from the activity fewer than 14 days before its start (or after the second session of a class), will receive no refund.
- Please read the entire policy, #7.16, for specific information.

Scholarships

Our Advisory Council wants to ensure that our activities, classes and sports are available to everyone, regardless of their ability to pay. The Council may choose to offer scholarships for qualified applicants. To apply for a scholarship, please talk to a member of our staff.

Waiting lists

We will create waiting lists for all filled classes. Please be sure to sign up if you are interested in a class that is full, because class openings often become available. If demand is high, we will try to form another class. Please contact us for space availability.

Class cancellations

To cover the cost of providing a program, we need a specific number of participants. If too few people sign up for a class, we must cancel it. We'll notify you (at the latest) one or two days before the class start date. When possible, we will postpone a cancelled class for a week to allow for more enrollments; if the class minimum is not met by then, we will have to cancel it.

Confirmations

Sorry, we cannot confirm class registration by mail or phone, but we will notify you by phone if your class is postponed or cancelled.





Camp Long NATURE Days!

Thu, Jun 22 or Fri, Jun 23

10 a.m. – 3 p.m.

Drop your kids off for a fun adventure to kick off their summer and help celebrate Camp Long's 65 Anniversary! They'll dip nets into Camp Long's Polliwog Pond to catch critters, hike forest trails, climb Schurman rock, play nature games and do fun crafts in Ye Old cabins.

Learn about Camp Long's fascinating history – from the creation of the first human-made climbing rock in the USA to the cabins and lodge that unemployed citizens built during the Depression

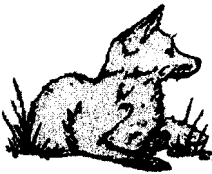
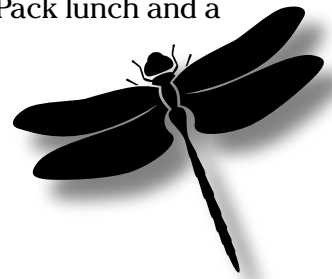
(WPA). Your kids will have a blast and be full of stories to share!

Sign up for either day, Thurs. 6/22 OR Fri. 6/23. Fun-packed program will be repeated each day. There is a 40 child maximum on this special day camp so sign up soon! Pack lunch and a snack.

Age: 6 years and up

Fee: \$25

Pre-registration and full payment are due by May 26, 2006. Some scholarships are available.



Camp Long and Seward Park
Environmental Learning Centers

5200 35th Ave. SW
Seattle, WA 98126

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